



Art & Research



# Be sensible !

## Introduction Compagnie Be

Sensible, in French  
is sensitive,  
what does sensible  
mean to you?

Compagnie Be is an art and research company created by Caroline Duval in 2009. Be uses performance art to question the place of sensitivity in the creative process and the effects of art on our society from an early age.

Be invites us to take an innovative, alternative and engaging perspective by co-creating with artists, the public, cultural, social and scientific partners. Be's fresh approach reinvents our territory of life into one of art, citizen and solidarity. Envisioning a structure linking cultural operators and places of life through creation and artistic research.



Caroline Duval is an associate artist at the Jacques Prévert Forum (FJP), an accredited scene of national interest for art, childhood and youth at Carros-le Neuf until 2024.



Cie Be has received the label of the Ministry of Culture: «Génération Belle saison 2019», and receives support by the DRAC Provence Alpes Côte d'Azur.

# Be sensible !



# Creations



## Shows

### Instant Poetic Creation

### R.A.N.I

(Rituel Artistique Non Identifié)  
Unidentified Artistic Ritual

## Tailor-made

Be creates new multidisciplinary art forms available from an early age at various spaces, involving our partners in the creative process in both the short and long term.

### Since 2009, we host

9 shows for children from an early age

3 immersive shows for adults

23 Instant Poetic Creations

More than 20 performances for the public  
and 30 R.A.N.I

# Creations



## Day of wonder

## Créacantation/ Créancatacorps

## Stop messing about!

Ziem

Compagnie Be proposes actions and exchanges around performance art year-round for you to discover without restraint!

Two artists meet, connect their respective universes and invent a new common language through a fleeting and spontaneous performance.

Free, ephemeral and experimental performance by artists in the fields of speech, movement and music.

Series of open meetings around a theme. Our theme this year is 'DO'. Specialists in psychology, cultural mediation, osteopathy and philosophy discuss the subject with the public.

Meeting Place  
55, avenue Ziem, Cagnes-sur-Mer





## Performance art labs

Company Be offers art and performance labs from the youngest age and guidance for professionals of all sectors and immersions in situ.

Focused on theatre, movement, writing and voice, and also tailored-made.

Art is a reflection and documentation medium to tackle projects, each's thinking and practices in a specific and sensitive manner. Starting with our body, our imagination and our personalities, we set our shared objectives and areas of focus.

Our approach accelerates the thought process, opens up new avenues enhancing the capacity of an individual or group in the service of the project. The result of this exchange:

Innovation, originality, responding specifically to each establishment's needs.



# On-going areas of artistic research

## The sensible: What is sensitivity?

**Performance Art:** Which practice and what impact in the creation process?

**Cross-border artistic creation, I will go, I go and I am in Wuhan:** What are our areas of freedom when our bodies physical and mental are constrained?

## Writing, exchanges, experiments around artistic research from an early age



# Sensibilis



## Sensibilis

Sensibilis is an immersion of the artistic process in spaces and establishments of «early childhood» and all types of places of life (PMI, pediatric practice, hospitals, retirement homes, specialised centres etc.). The proposed artistic research residencies rely on a network of actors from the art, research, education, scientific and philosophical sectors.

The closing event takes place around the Chateau of Cagnes-sur-Mer, with various proposals for the public and children from infancy.

**The event celebrates its 12th anniversary this year!**

# Sensibilis





## **Opening the door, inside I blossom**

with Camille Franch-Guerra  
Melaine Demarquet  
Athina Gkouma  
Renaud Le Dantec  
Athèna Titone  
Emie et Selene Pico Duval  
Nadine Demarquet-Duval

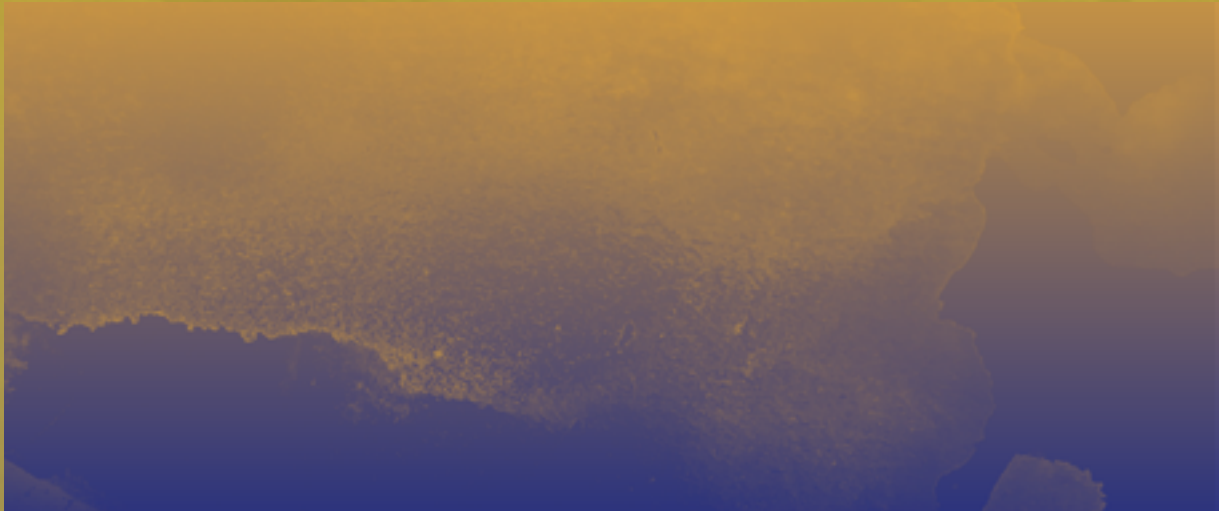
The program *Opening the door, inside I blossom* was conceived and realised by Caroline Duval, produced within the framework and partnership with FJP. A second event will take place in May 2022. The program is a performative and participative excursion wherein the public, from a young age, is immersed in a sensitive and poetic universe. Placing reality in-between dream and existence, allowing us to slowly find our place, in ourselves, with this experience.

## **Opening the door, Momentum**

with Caroline Duval  
Sandra Bechtel  
Katalina Cearca  
Melaine Demarquet  
Nadine Duval  
Emie et Sélène Pico Duval

*Opening the door, Momentum* is a immersive form of performance imagining our temporality: from birth to transformation. Participatif creation by and with Caroline Duval, it proposes to ask the real between dream and thought and to let this experience to find its place gradually itself. The public is invited to cross 4 airlocks in the form of ambulation corresponding 4 cycles of our lives: the imprint of our stories before the incarnation, the birth, interactions with others, integration of our experiences and our transformation.



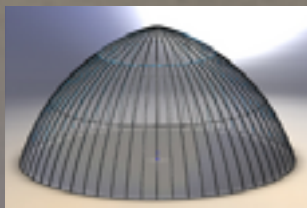


## ENTRE

by Caroline Duval  
(dramaturgy, artist performer)  
with musical creation by Michel Pascal



Example of a scenography *Opening the door, inside I blossom*  
Photo credit: Eric Clement-Demange



Inspirations for the structure where the public will communicate with Tilde

*ENTRE* is a part of the companionship between Caroline Duval and Jacques Prévert Forum (FJP), nationally recognized « Art, Childhood and Youth » stage.

Artistic work of science fiction with the work in progress. The premiere will take place in november 2023 at the FJP.

*ENTRE* is an immersive and spectacular form that imagines an active and spectacular future. Based on immersive, participative & science-fiction performance, this artwork is about our perception of time.

In *ENTRE* the you're unprecedented to a meeting with an «augmented sensible being » : Tilde. Neither robotic nor transgenic, it addresses the large audience from our future: 2122, 100 years after 2022. It could be tomorrow and today simultaneously. How is it possible? We don't know that.

You are invited to confront your relationship to time: right here and now, the projection of a future, the memory of a past ; time becomes a collective and poetic game.

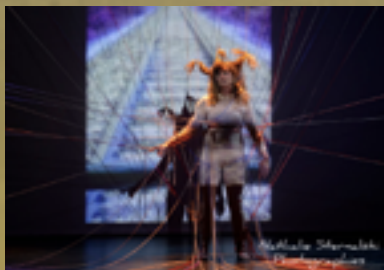
The public is waiting for him - feeling him, seeking him everywhere around just to try to communicate with this being. But how ?

How does this one vision work initially so specific becomes co-written in live and become common one ?

*ENTRE* is an invitation to open our perspectives, our beliefs, and our perspective on who we are. It is an artwork that invites us to connect without knowing each other, to feel closer to each other so that the desire to be together and to create together arises as an evidence.



## ***I will go, I go and I am in Wuhan***



\* [www.youtube.com/watch?v=RxrruzEbsB0&t=2s](https://www.youtube.com/watch?v=RxrruzEbsB0&t=2s)

*I will go, I go and I am in Wuhan* is an international project that comes in three steps.

The performance of this project combines a personal reflection by Caroline Duval on the subjects of closure, fear and mistrust of others caused by contradictory injunctions that led us to a kind of interior and exterior chaos.

First step *I will go to Wuhan* 2020-2023

It is a performance which has been in progress through residencies in France since 2020. It is composed of collected materials : written, vocal, corporal, visual. It was first performed in March 2022 at the festival "Femmes en Scènes" in Nice. \*

Second step *I go to Wuhan* 2023-24

It is the actual face-to-face meeting of our artistic team with every country teams. This step constitutes the actual journey, like a thread drawn in reverse from the usual migrations, from west to east, we will take the road from Cagnes-sur-Mer to Wuhan.

It is a performance executed on an immersive and participatory mobile scenic installation, intended to foster meetings and constructions with the audiences, artists and partners in each country.

Third step *I am in Wuhan* August 2024

It is the outcome of the journey. Artists, audiences, researchers, scientists, philosophers from each country will have the opportunity to follow our arrival online. It is about posing a strong symbolic artistic act which shares with the public the experiences lived during the trip.



# Be sensible!



**Become a  
partner**

**Join the Be  
Sensible  
community!**

**Group of  
parents  
creators**

In this world that beats (like a heart) and is built (like a body), we believe that everyone has their place (like every vital organ) and holds a part of our future (blood and energy circulation).

We habitually operate in self-abundance, a quality unique to us in contrast to our environment, network and vision. Let's draw inspiration from the immense universe that encompasses us and be complex, free and infinite, to invent tomorrow. Overcoming our fears, beliefs, doubts by being co-creators, interconnected, thinking about our exchanges in a progressive, participative, playful and aesthetic way. Let us experience a meeting space where our know-how and being are catalyzed and open up new possibilities, using our demands, capacity, creativity to enrich ourselves and return to our life in a more powerful and relevant way.

# Be sensible!

# Cie Be

Artistic research  
Residences of  
the sensible

**Shows  
Performances**

R.A.N.I.  
Instant Poetic  
Creations  
Days of wonder  
Labs

**Art therapy**  
(activation and  
vibrancy of your  
potentials)

**Training  
Immersion**  
(for professionals)

Multiple locations  
of experimentation  
across the region

*Sensitivity as a method for narrating the universe*

Event  
*Sensibilis*

**G.R.A.M.**  
Metamorphic  
Artistic  
Research  
Group

Group of  
parents  
creators

## Contact

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